Proper nutrition is crucial for a successful recovery after surgery.

Your surgeon recommends the **ENROUTE® 4-week nutrition program**, which provides science-backed support for surgical recovery.

Maintains Muscle Mass

Supports Bone Health

Enhances Immune Function

Promotes Wound Healing

Designed for Orthopaedic Surgery

Most store-bought protein drinks lack key ingredients in sufficient amounts to support muscle recovery.

ENROUTE® nutrition is created by experts to help support a rapid recovery.

Available only through your surgeon   **Access to dietitians**   **Plant-based options available**

ENROUTE®

Complete Surgical Nutrition Program

Call **1-800-619-0783** or visit **www.getenroute.com** to order today.

Own Your Recovery

Surgery can be stressful, but getting the right nutrition doesn't need to be.

We've got you covered for a smooth recovery.

Take control   **Feel confident**   **Stay energized**

> "I've experienced a noticeable boost in energy and my recovery time is much quicker than my previous surgeries where I didn't take the drinks."
>
> **Pat H.**

Your surgeon recommended program includes

ENROUTE® BUILD
56 servings of Multi-Nutrient Formula

ENROUTE® PREPARE
2 servings of Complex Carbohydrate Formula

SHAKER BOTTLE
Patented Blending Technology

DEDICATED PATIENT SUPPORT
Access to Dietitians

Get the ENROUTE® Program Today

✓ Delivered to your door   ✓ HSA/FSA eligible   ✓ Easy returns

Order via Phone

Access nutrition experts and dietitians to answer your questions.

1-800-619-0783

Order Online

1. Visit **www.getenroute.com** and click **SHOP**.

2. Find your surgeon to access the program.

3. Select your protein source and flavor.

4. Get the ENROUTE® program delivered.